



RUSTIC RIDGE FARM WILDERNESS 5K RACE AND WALK

5193 Morgan Run Road, West Decatur



8:00 AM (Registration) – 9:00AM (5K Run) – 9:15AM (5K Walk)

REGISTRATION FORM

Walk: \$20.00 – Day of Race: \$25.00
Run the 5K: \$25.00 – Day of Race \$30.00

Pre-registrations will not be accepted after May 25.

T-shirts are guaranteed for all participants!

Race Day Registration (8:00am):

RETURN REGISTRATION FORM TO: (make checks payable to Rustic Ridge Farm)
Rustic Ridge Farm
PO Box 425, Philipsburg, PA 16866

PLEASE PRINT CLEARLY!

NAME: _____ PHONE: _____

STREET _____ CITY _____ STATE _____ ZIP _____

DATE OF BIRTH / / GENDER (circle) M or F AGE

EVENT (circle) 5KRUN 5KWALK

Bib#

T-SHIRT SIZE (circle) YL S M L XL

EMAIL _____ PAYMENT METHOD _____

EMERGENCY CONTACT _____ PHONE _____

I hereby waive and release any and all rights, claims and damages I may have against the Rustic Ridge Farm, its sponsors, race organizers, their representatives and assigns for any and all injuries suffered by me in this event to be held on June 1, 2024. I attest and verify that I am an amateur and have trained sufficiently for this event.

SIGNATURE: _____

(If under 18, parent must sign)

ALL FEES ARE NON-REFUNDABLE

VOLUNTEER SERVICES

Moshannon Valley Emergency Medical Services, Hope Fire Company

**RUSTIC RIDGE FARM
RELEASE AND WAIVER OF LIABILITY**

THIS IS A RELEASE AND WAIVER OF LIABILITY ("RELEASE") RELATING TO ACTIVITIES OFFERED BY RUSTIC RIDGE FARM. PLEASE READ IT CAREFULLY. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE RUSTIC RIDGE FARM EXECUTIVE STAFF. BY SIGNING THIS RELEASE, IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN ACTIVITIES OFFERED BY RUSTIC RIDGE FARM, I UNDERSTAND, ACKNOWLEDGE, APPRECIATE AND AGREE TO THE FOLLOWING:

1. Rustic Ridge Farm activities can be strenuous and dangerous. There is always a risk of injury from any physical activities, which can be significant and include the potential for serious personal injury or death. While rules, equipment, personal discipline and supervision are intended to reduce this risk, this risk nonetheless exists.

2. I, for myself and/or my child(ren), knowingly and freely assume, all risks, both known and unknown, even if arising from the negligence of the Rustic Ridge Farm and any of its officers, directors, members, employees, volunteers, agents, representatives, contractors, affiliates, successors and assigns, or the other participants in the activities (individually, a "Releasee" and collectively, the "Releasees"), and assume all responsibility for damages or injuries to person (including death or disability) or property, arising out of my participation or my child(ren)'s participation in Rustic Ridge Farm activities. I take full responsibility for my welfare and safety and my child(ren)'s welfare and safety in the course of participation in Rustic Ridge Farm activities. I hereby give permission for the Rustic Ridge Farm staff to administer emergency medical treatment as deemed appropriate. Further, I agree that I have consulted with a physician, or have been advised that I should consult a physician, before enrolling myself or my child(ren) in Rustic Ridge Farm activities.

3. I, for myself and/or my child(ren), and our respective heirs, personal representatives, and assigns, do hereby:

(A) release the Releasees from, and agree not to sue the Releasees for, liability for damages or injuries to person (including death or disability) or property, to the fullest extent permitted by law, regardless of whether arising from the negligence of any Releasees, which may arise from or relate to my and/or my child(ren)'s participation or involvement in Rustic Ridge Farm activities, and/or from the administration of first aid, treatment or assistance provided by the Rustic Ridge Farm or any Releasee.

(B). agree to indemnify and hold the Releasees harmless from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorneys' fees, with respect to any and all damages or injuries to person (including death or disability) or property, to the fullest extent permitted by law, regardless of whether arising from the negligence of any Releasees, which may arise from my and/or my child(ren)'s participation or involvement in Rustic Ridge Farm activities, and/or from the administration of first aid, treatment or assistance provided by the Rustic Ridge Farm or any Releasee.

(C) consent to be photographed by the Rustic Ridge Farm, and to allow the Rustic Ridge Farm's use of photographs of myself and/or my child(ren), at its discretion.

4. This Release is intended to be as broad and inclusive as permitted by the laws of the Commonwealth of Pennsylvania. If any portion of this Release is held invalid, the balance of the Release shall nonetheless continue in full legal force and effect.

HAVING READ, UNDERSTOOD, AND AGREED WITH ITS TERMS, I, HAVE EXECUTED THIS RELEASE ON THE DATE SET FORTH BELOW, TO BE EFFECTIVE IMMEDIATELY.

Applicant or Parent/Legal Guardian Signature

Date