

Race Date  
March 11, 2023

Jig Jog  
Age Group Results

**Jig Jog**

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	BRIAN FULLER		36	820	1	16:25.21	5:18/M
2	CHRIS SHOVER	CAMP HILL PA	50	732	3	19:32.58	6:18/M
3	VINCENT TOPIWO	MECHANICSBURG PA	40	786	4	19:57.36	6:26/M

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	EMILY FULLER		33	828	2	19:20.13	6:14/M
2	ANGELA COCO		29	846	6	20:12.19	6:31/M
3	CORA MINNICH	ENOLA PA	11	333	8	22:20.05	7:12/M

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Jig Jog

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	JACK KORNUCIK		9	848	24	27:50.81	8:59/M
2 *	MAXIMILIAN SIPE	LANCASTER PA	9	751	41	29:40.25	9:34/M
3	CHRISTOPHER CULVER	CARLISLE PA	10	95	71	36:19.66	11:43/M
4	TREY WALKER		9	855	86	40:30.85	13:04/M
5	MAVERICK CRAWFORD	MECHANICSBURG PA	8	80	106	49:17.91	15:54/M

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	ELLE SHOVER	CAMP HILL PA	13	733	10	22:28.28	7:15/M
2 *	MOLLY ANKABRANDT	CARLISLE PA	10	11	26	28:13.18	9:06/M
3	LYDIA CULVER	CARLISLE PA	8	106	73	37:08.51	11:59/M
4	KATE DREIBELBIS	MECHANICSBURG PA	7	147	91	41:31.84	13:24/M
5	CASSIE PAULUS	CARLISLE PA	8	374	95	42:18.30	13:39/M
6	ANNIE DREIBELBIS	MECHANICSBURG PA	12	144	99	43:39.32	14:05/M
7	KYLEIGH MCCLINTOCK	CARLISLE PA	11	316	101	45:57.70	14:50/M
8	SHEA PAULUS	CARLISLE PA	6	379	122	56:23.81	18:12/M
9	KORA MCCLINTOCK	CARLISLE PA	4	314	127	56:55.97	18:22/M
10	KIERSTEN MCCLINTOCK	CARLISLE PA	6	313	128	56:57.09	18:22/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	ERIN BENNESE	MECHANICSBURG PA	18	20	112	54:54.63	17:43/M
2 *	MCKENZIE KENDALL	CAMP HILL PA	16	238	118	55:20.21	17:51/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	KEVIN HEMINGWAY		21	853	17	24:35.69	7:56/M
2 *	CODY MYERS	CARLISLE PA	27	348	21	25:43.55	8:18/M
3	JOSEPH NAGUSKI	HARRISBURG PA	24	351	37	29:11.18	9:25/M
4	JOSHUA CONRADY	MECHANICSBURG PA	26	57	62	34:10.96	11:02/M
5	EDWIN PADILLA	CARLISLE PA	28	357	110	53:48.00	17:21/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	MORGAN KLUNK	CARLISLE PA	28	250	29	28:20.85	9:09/M
2 *	HOLLY CONRADY	MECHANICSBURG PA	26	55	30	28:20.86	9:09/M
3	JENNIFER BRAUN	HARRISBURG PA	29	22	76	37:31.07	12:06/M
4	TIFFANI SINGLEY	MECHANICSBURG PA	29	747	85	40:10.13	12:57/M
5	MADISON ALLEY	CARLISLE PA	29	8	111	53:48.41	17:21/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	JONATHAN FERRERAS	HARRISBURG PA	33	165	5	20:09.00	6:30/M
2 *	COREY SMITH	MECHANICSBURG PA	36	768	11	22:52.37	7:23/M
3	STEVEN MILLER	DILLSBURG PA	36	323	12	22:55.05	7:24/M
4	SHU TAKEOKA	MECHANICSBURG PA	37	778	15	24:09.00	7:47/M
5	BRADFORD NEWELL		34	833	16	24:22.05	7:52/M
6	CARL MACHAMER	MECHANICSBURG PA	36	292	19	25:13.60	8:08/M
7	JOHN CRAMER	DILLSBURG PA	36	71	25	27:56.43	9:01/M
8	TAYLOR FAIRCHILD		31	852	64	34:20.64	11:05/M
9	STEVE BARTOSK		39	851	83	39:28.24	12:44/M
10	GREGORY PAULUS	CARLISLE PA	38	375	96	42:19.96	13:39/M
11	MATTHEW GABLER	MECHANICSBURG PA	39	180	117	55:09.44	17:48/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	MADISON MACHAMER	MECHANICSBURG PA	31	298	33	28:33.53	9:13/M
2 *	MELINDA CROWTHER	YORK SPRINGS PA	32	91	36	29:00.51	9:21/M
3	NICOLE DOWS	MECHANICSBURG PA	36	142	40	29:31.11	9:31/M
4	JANETTE KARLSEN	MECHANICSBURG PA	39	225	42	29:45.96	9:36/M
5	SARITHA MATTAPARTHI	MECHANICSBURG PA	39	311	49	32:25.42	10:28/M
6	JESSICA SHEIPE	CARLISLE PA	33	729	57	33:08.30	10:41/M
7	ALEXANDRA SIPE	CARLISLE PA	34	748	59	33:46.38	10:54/M
8	LINDSY KENDALL	CAMP HILL PA	39	233	67	35:23.53	11:25/M
9	HEATHER NACKO	CARLISLE PA	34	349	70	36:19.64	11:43/M
10	KELLY KLINE	CARLISLE PA	32	245	80	38:39.88	12:28/M
11	ALYSSA NIEMEYER	ENOLA PA	33	352	88	40:51.78	13:11/M
12	COURTNEY CHADBURN	HARRISBURG PA	32	35	105	49:05.91	15:50/M
13	COLLEEN CRAWFORD	MECHANICSBURG PA	37	78	107	49:24.38	15:56/M
14	LISA GABLER	MECHANICSBURG PA	38	179	116	55:09.38	17:48/M
15	JENNIFER PAULUS	CARLISLE PA	36	377	123	56:24.61	18:12/M
16	JENNIFER MCCLINTOCK	CARLISLE PA	39	312	126	56:55.59	18:22/M

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Female 30 to 39

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17	APRIL SMITH	CARLISLE PA	35	758	129	57:34.07	18:34/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	JEFFREY HARRIS	ENOLA PA	49	203	7	21:15.88	6:52/M
2 *	CHARLES MINNICH	ENOLA PA	45	328	13	23:47.13	7:40/M
3	STUART	MECHANICSBURG PA	46	251	39	29:25.84	9:30/M
4	CHRISTOPHER	BOILING SPRINGS PA	48	794	48	32:24.29	10:27/M
5	EDWARD	MOUNT HOLLY	47	731	51	32:41.76	10:33/M
6	ERONN CULVER	CARLISLE PA	40	99	72	36:20.12	11:43/M
7	ANDREW KENDALL	CAMP HILL PA	41	229	82	39:06.07	12:37/M
8	JOE COCANOUR	DILLSBURG PA	43	53	92	41:32.71	13:24/M
9	ROD GRIM	YORK PA	49	200	94	41:55.98	13:32/M
10	DUANE MCHEE		46	816	119	55:24.49	17:52/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	KATE KORNUCIK		41	847	9	22:23.85	7:14/M
2 *	CHRISTINE GERY	BOILING SPRINGS PA	40	189	22	27:06.27	8:45/M
3	CATHLEEN KETTERER		48	806	28	28:17.11	9:07/M
4	ANGELIQUE GARDNER	CARLISLE PA	47	183	32	28:31.19	9:12/M
5	ANDREA STONEBRAKER	HARRISBURG PA	45	774	34	28:47.77	9:17/M
6	JOY FASICK	GARDNERS PA	48	161	60	33:52.36	10:56/M
7	CAROLE SMITH	MECHANICSBURG PA	49	767	69	36:17.58	11:42/M
8	LAURA MINNICH	ENOLA PA	48	339	78	38:20.65	12:22/M
9	APRIL GRAHAM	CARLISLE PA	48	191	79	38:26.94	12:24/M
10	BETSY SCHROEDER	HARRISBURG PA	40	725	81	38:39.98	12:28/M
11	HEATHER TAYLOR	YORK PA	43	782	93	41:53.63	13:31/M
12	MELISSA DARRIN	HARRISBURG PA	41	108	103	46:46.50	15:05/M
13	JEN HARTLEY	ENOLA PA	47	207	104	46:49.06	15:06/M
14	CHRISTINE BENNESE	MECHANICSBURG PA	48	12	113	54:56.08	17:43/M
15	ADIA WALKER		41	849	114	55:03.42	17:46/M
16	MORGAN KILLION	MECHANICSBURG PA	46	239	115	55:06.59	17:47/M
17	NICOLE MCHEE		45	813	120	55:26.11	17:53/M
18	KIMBERLY SUMMERLOT	CARLISLE PA	47	777	121	55:34.13	17:56/M
19	JENNIFER MICHELONE	CARLISLE PA	47	319	124	56:48.24	18:19/M

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Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	CHRIS WASKO	CARLISLE PA	56	788	18	24:50.93	8:01/M
2 *	ERNEST GARDNER	CARLISLE PA	57	188	35	28:57.75	9:21/M
3	JESSE DEUTSCH	CARLISLE PA	53	138	38	29:19.85	9:28/M
4	DARRYL BETTS	CARLISLE PA	57	21	43	30:08.79	9:43/M
5	KEITH ROBERTS	MILLERSVILLE PA	54	390	44	30:39.87	9:54/M
6	KEITH GRAHAM	HARRISBURG PA	53	196	68	35:29.37	11:27/M
7	MARK RITTER	CAMP HILL PA	53	387	74	37:19.96	12:03/M
8	PAUL RUNDLE	CAMP HILL PA	59	391	84	39:42.69	12:49/M
9	TOSHINORI KAWAHARA	HARRISBURG PA	51	227	89	41:07.88	13:16/M
10	NATE SANDERS	HARRISBURG PA	53	398	98	43:38.45	14:05/M
11	SCOTT MCCLINTOCK	CARLISLE PA	51	317	125	56:54.43	18:21/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	DEANNA DERMOTT	HARRISBURG PA	53	134	27	28:15.43	9:07/M
2 *	DANA ABENSHON	MOUNT WOLF PA	56	3	46	31:13.26	10:04/M
3	TINA REYNOLDS	NEW OXFORD PA	57	383	61	34:07.34	11:00/M
4	KATHI YOCUM	HANOVER PA	54	802	77	38:11.19	12:19/M
5	CHRISTINE GROFT	EAST BERLIN PA	51	201	97	43:28.86	14:02/M
6	BETH ROBERTS	MILLERSVILLE PA	56	388	100	45:12.40	14:35/M
7	DEANNA RITTER	CAMP HILL PA	52	384	102	46:03.34	14:51/M
8	LAURA BROWN	MECHANICSBURG PA	53	33	131	57:52.41	18:40/M
9	AMI THOMPSON	MECHANICSBURG PA	58	785	132	57:52.49	18:40/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	RAY PALMER	MECHANICSBURG PA	60	369	20	25:14.42	8:09/M
2 *	LARRY BREWSTER	SHIPPENSBURG PA	66	23	23	27:08.69	8:45/M
3	GARY ANKABRANDT	CARLISLE PA	69	9	31	28:27.96	9:11/M
4	BRIAN MCPHERSON		72	838	45	30:53.86	9:58/M
5	NICHOLAS BYBEL , JR	LANCASTER PA	64	34	47	31:50.98	10:16/M
6	NEAL KIRK		64	803	50	32:28.53	10:29/M
7	JOHN MURPHY		64	754	52	32:51.59	10:36/M
8	BJ SMALL	MECHANICSBURG PA	67	755	54	32:56.41	10:38/M
9	NAOMI MUNKITTRICK	DILLSBURG PA	61	346	55	32:57.01	10:38/M
10	ALLAN ROSSI		60	811	58	33:20.25	10:45/M
11	DAVE LEBO	NEW CUMBERLAND	64	262	63	34:20.01	11:05/M

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Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	KELLY DWORAK	CARLISLE PA	60	158	14	24:07.85	7:47/M
2 *	HEATHER LAWLESS	MECHANICSBURG PA	62	254	53	32:56.17	10:37/M
3	KAREN SIMMONS	MECHANICSBURG PA	64	736	56	32:59.92	10:39/M
4	SUSAN LOMBARDI	NEW OXFORD PA	61	274	65	35:02.70	11:18/M
5	KATHY SINGLEY	BIGLERVILLE PA	66	744	66	35:21.71	11:24/M
6	DEBRA SNEERINGER	BIGLERVILLE PA	64	769	75	37:28.64	12:05/M
7	BARBARA CRITCHER	TIOGA PA	60	89	87	40:48.16	13:10/M
8	CHERYL CROWTHER	YORK SPRINGS PA	66	90	90	41:13.38	13:18/M
9	MONICA KLINE	HARRISBURG PA	63	248	108	53:41.10	17:19/M
10	MARCY MILLER	PALMYRA PA	66	320	109	53:44.00	17:20/M
11	WILLETTA HUTH	SHERMANS DALE PA	60	221	130	57:52.08	18:40/M