



Of Columbia and Montour County

1st Annual United in Recovery 5K Run/Walk
Saturday, October 13th
11:00 am

Course: The course will run through the streets of Bloomsburg. Course will begin and end at the Bloomsburg Fairgrounds. (See reverse for route)

Benefit: Addiction education and recovery in our communities.

Pre-Entry (Deadline 9/15/18)

\$20 Individuals
\$60 Family (3+)

Race Day

\$25 Individuals
\$75 Family (3+)

\*\* You are NOT guaranteed a shirt if you submit your application after deadline \*\*

Awards: Top male and female runners
Top male and female walkers
Youngest and most senior
Under 25, 26-39, over 40

Registration: Starting at 9:30 am Bloomsburg Fair Grounds, 5th Street Entrance

Any questions please contact Adrienne at the United Way, ceo@cmcuw.org or (570) 784-3134, Mail to United Way of Columbia and Montour County, PO Box 313, Bloomsburg, PA 17815

In consideration of this entry being accepted, I intend to be legally bound, waive and release any and all rights and claims for injuries that may occur at this event, against the United Way of Columbia and Montour County and the Town of Bloomsburg, or any official of the race.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Program Affiliation (County) \_\_\_\_\_

Identify as MALE FEMALE Age \_\_\_\_\_

Shirt Size Youth - S M L Adult- S M L XL XXL

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

