# THE 6<sup>TH</sup> ANNUAL MILTON ISLAND LOVE INC 5K RUN/WALK

# Saturday, August 19, 2017

Proceeds Support the Love INC Ministry

Pre-registration \$15 for students 18 and under, \$20 individual, \$35 family

Must be received by August 4, 2017

Race day registration \$18 for students 18 and under, \$25 individual, \$40 family

## TIMING PROVIDED BY Falcon Race Timing



### Course Description:

The entire race is held on the Milton State Park Island (between Milton-West Milton). The course is a cross country style course and not paved.

Address: 205 PA-642, Milton, PA 17847

### Schedule of Events:

7:30 AM Registration begins; ends at 8:45 AM 9 AM Race begins

### Registration:

By mail or online at: www.falconracetiming.com

### Awards:

1<sup>st</sup> Overall male and female 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> by age group

### Age Groups:

14 and Under 40-49 15-19 50-59 20-29 60+ 30-39

30-3

Cut here for registration form

Registration: Please complete one form per participant. If registering as a family please mail all forms together. Please print.

Name \_\_\_\_\_\_\_Address \_\_\_\_\_\_\_State \_\_\_\_\_ Zip \_\_\_\_\_\_\_

Phone \_\_\_\_\_\_ Age (on race day) \_\_\_\_

Email \_\_\_\_\_\_ Female or Male (circle)

Please circle your desired shirt size:

S M L XL

\*T-Shirts guaranteed for pre-registered runners only. No guarantee of shirt day of registration.

Send form with check, payable to Love INC- Milton, to: Love INC - Milton, 102 Lower Market Street, Milton, PA 17847 Questions? goldenruleloveinc@gmail.com

Waiver and Release of Liability: I know that participating in a 5K Run/Walk is a potentially hazardous activity. I know that I should not enter unless I am medically capable and properly trained. I assume all risks associated with participating in this event. I relinquish any and all claims against Love INC (Golden Rule Love INC) and its volunteers, the Milton State Park, DCNR and its employees. I permit race organizers to use photos and or/video of my likeness captured at the Love INC 5K to be used for advertising purposes.

Signature of Participant (if under 18, parent or guardian)